

## Branch Information

Xenia YMCA, Swimming, Fitness, Health Center, Running Track, Child Watch - Branch Information

The Xenia YMCA was founded in 1867 and has been proudly serving Xenia and the surrounding communities for 140 years by providing programs that build healthy spirit, mind, and body for all.

The Xenia branch offers a wide array of programs for both children and adults, including before and after-school care for the Xenia Community Schools and private schools in Xenia. The facilities include four-lane, twenty-yard swimming pool, Health Center that includes a sauna and whirlpool, indoor running/walking track, racquetball/handball courts, full gymnasium, and cardio and strength training equipment. Child Watch is available for small children while their parent's take part in fitness classes.

[Click here to download our summer fun camp flyer!](#)

### Location

135 E. Church St

Xenia, OH 45385

Tel: 937-376-9622

[xeniainfo@daytonymca.org](mailto:xeniainfo@daytonymca.org)

### Hours of Operation

Sunday 1:00 p.m. - 5:00 p.m.

Monday–Friday 6:00 a.m. - 10:00 p.m.

Saturday 7:00 a.m. - 6:00 p.m.