

PREBLE COUNTY YMCA GYM SCHEDULES

GYM A (North)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-7:00am	Open	Open	Open	Open	Open	Closed	Closed
7:00am-8:00am							
8:00am-9:00am							
9:00am-10:00am	Day Camp	Day Camp	Day Camp	Day Camp	YogaStretch	Youth/Family	
10:00am-11:00am							
11:00am-12 noon							
12 noon-1:00pm							
1:00pm-2:00pm							
2:00pm-3:00pm							
3:00pm-4:00pm	Open	Open	Open	Open	Open	Closed	Youth/Family
4:00pm-5:00pm							
5:00pm-6:00pm	Tumbling	Open	Open	Open	Open	Closed	Closed
6:00pm-7:00pm							
7:00pm-8:00pm							
8:00pm-9:00pm	Adult	Adult	Volleyball Open Net	Adult	Adult	Closed	Closed
9:00pm-10:00pm							

GYM B (South)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am-7:00am	Open	Open	Open	Open	Open	Closed	Closed			
7:00am-8:00am										
8:00am-9:00am										
9:00am-10:00am	CardioCircuit	Family	Family	Family	YogaStretch	Youth/Family				
10:00am-11:00am	Family									
11:00am-12 noon										
12 noon-1:00pm										
1:00pm-2:00pm	Open				Open		Open	Open	Open	Youth/Family
2:00pm-3:00pm										
3:00pm-4:00pm										
4:00pm-5:00pm		Start Smart	Open	Start Smart	Open	Closed	Closed			
5:00pm-6:00pm										
6:00pm-7:00pm										
7:00pm-8:00pm	Open	Open	Open	Open	Open	Closed				
8:00pm-9:00pm										
9:00pm-10:00pm										

EFFECTIVE
June 7, 2008